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INDEPENDENT, OBJECTIVE AND EVIDENCE-BASED

Positive health impact from daily use of oestrogen alone
in healthy women (without a uterus)

Illness or condition	Impact of oestrogen-only therapy within the first 12 months compared with women taking no HT	Impact of oestrogen-only therapy for up to five years compared with women taking no HT
Hip fracture	No noticeable change	Reduced risk: 4-5 fewer hip fractures for every 1,000 women

The German Institute for Quality and Efficiency in Health Care (IQWiG)

The German Institute for Quality and Efficiency in Health Care (IQWiG) was established by legislation to provide evaluations of the effectiveness, quality and efficiency of healthcare services. This includes the assessment of medicines as well as the publication of health information for consumers and patients.

Evidence basis of our health information

Our information is based primarily on systematic reviews of the effects of health care. Systematic reviews are necessary to gain an objective picture of health care. In order to do this, a clear question is formulated. Researchers then find all the relevant studies that could answer this question. They then evaluate those studies.

You can find a list of the evidence and other scientific literature on which this information is based at **www.informedhealthonline.org**

Disclaimer

This information was prepared and published by the German Institute for Quality and Efficiency in Health Care (IQWiG). It is based on the evidence and other scientific literature available at the time of publication. The information is intended for the use of patients in Germany. It is not intended to for use to diagnose illnesses and the information is not intended to substitute for medical advice.